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EXECUTIVE SUMMARY

Name of the Course	RC in Physical Education and Yoga
Venue	The Hermitage, UGC-Human Resource Development Centre Kumaun University, Nainital.
Date	03-16 December 2019
Organizing Agency	UGC-Human Resource Development Centre, Kumaun University, Nainital.
Patron	Hon'ble Vice-Chancellor, Prof. K.S. Rana, Kumaun University, Nainital.
Course Team	
Director	Prof. B.L. Sah, Director, UGC-Human Resource Development Centre, Kumaun University, Nainital
Deputy Director	Dr. Divya Upadhayay Joshi, Deputy Director, UGC-Human Resource Development Centre, Kumaun University, Nainital
Assistant Director	Dr. Reetesh Sah, Assistant Director, UGC-Human Resource Development Centre, Kumaun University, Nainital
Officials	Mr. I.S. Negi, Dr. Rajendra Singh Bora, Mr. Jasod Singh Bisht, Mr. Arvind Singh, Mr. Kailash, Mr. Rajendra
No. of Participants attended	22
No. of Participants applied	42

Invitation Letter for Participants

Ref. No: UGC–HRDC/KU/PRO/RC/19-20

Date: 11/11/2019

Dear Participant,

Your application for participation in **Refresher Course in Physical Education & Yaga** has been accepted. The course is scheduled from **03-12-2019** to **16-12-2019** at the UGC-Human Resource Development Centre, Kumaun University, Nainital.

Attendance in the inaugural session is compulsory so ensure that you report with your **relieving certificate** and copy of **12(b) or 2(f) certificate** at the UGC-Human Resource Development Centre, The Hermitage, Kumaun University, Mallital, Nainital at 10:00 am sharp on 03/12/2019 (Tuesday).

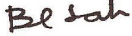
You will be informed of all academic details regarding the course on your arrival at Nainital.

The UGC- HRDC, Kumaun University, Nainital will provide free accommodation to the participants. We have dormitory/room sharing type hostel facility and we provide it on a first confirmation first serve basis. You are required to confirm your participation and arrival date by telephone or e-mail at the earliest. So ensure your timely confirmation to avoid any inconvenience.

No accommodation will be given to family members/companions of participants.

The weather of Nainital in December is moderately cold and woolen clothes may be required with onset of winter. Also carry your own drinking water/tea thermos /bottle if needed. Room heating is not provided and if you feel the need carry a hot water bottle. During the course there may be water scarcity in the town leading to water supply shortage. We look forward to seeing you at the UGC-Human Resource Development Centre, Kumaun University, Nainital.

Sincerely,


(Prof. B. L. Sah)

Director

To,
Dr. Anek Goel
Assistant Professor
Department of Physical Education
Deen Dayal Upadhyay College, University of Delhi, New Delhi (Delhi)

General Information for Participants

The colonial town of Nainital situated in the Indian state of Uttarakhand is the headquarters of Nainital District in the outer Himalayas. Situated at an altitude of 1,938 meters (6,358 feet) above sea level, this town with its beautiful splendour is one of the most popular famous tourist places of the country. Nainital has moderate summers, maximum temperature 29 °C; minimum temperature 10 °C and extreme winters with minimum sub-zero temperatures. You should bring adequate clothing suitable for Nainital, a sweaters and a jacket are required to brave the cold in the morning or evening hours.

MODES OF TRANSPORT - Nainital is well connected with the rest of the country through different modes of transport.

RAILWAYS – Kathgodam, 35 Kms. away, is the nearest railway terminus of the broad gauge line of North East Railways connecting Nainital with Delhi, Dehradun & Howrah. Lalkuan, 60 Kms from Nainital, is connected to Bareilly, Mathura & Lucknow. Nainital is 35 Km. far from Kathgodam, the nearest railway station and 285 Km from New Delhi and 310 Km. from the state capital Dehradun.

You can take a Taxi or Buses from Kathgodam or Haldwani. Taxis are available on shared seat basis at Haldwani Taxi Stand & as well as at Kathgodam, Haldwani & Lalkuan railway stations.

A computerized Railway Reservation counter is situated near Bus Stand at Nainital. This facility is also available at Kathgodam, Haldwani & Lalkuan railway stations.

RAILWAY TIME TABLE

(Kindly confirm with current schedule of Indian Railways)

Train Name	Train No.	From/Departure time	To /Arrival time	Train No	From/Departure time	To /Arrival time
Ranikhet Express	15014	Kathgodam/ 20:40	Delhi/ 04:00	15013	Delhi/ 22:40	Kathgodam/ 05:20
UTR Samprk K Ex.	15036	Kathgodam/ 08:50	Delhi/ 15:20	15035	Delhi/ 16:00	Kathgodam / 22:40
Bagh Express	13020	Kathgodam/ 21:55	Howarah/ 12:40	13019	Howarah/ 21:45	Kathgodam / 09:30
Nainital Express	15307	Lalkuan / 20:45	Lucknow/ 06:25	15308	Lucknow/ 20:45	Lalkuan / 06:10
KGMDN express	14119	Kathgodam/19:45	Dehradun/04:20	14120	Dehradun/ 22:50	Kathgodam/07:10

BY BUS - The U.K.S.R.T. Corporation (Uttarakhand Govt. Roadways) provides direct buses to Nainital from Delhi, Lucknow and major cities of the state. There are many private tour operators who provide good and luxurious coach buses to Nainital from New Delhi. Besides these, Harayana Roadways, Rajasthan Roadways & the DTC (Delhi Transport Corp.) also operate direct buses to Nainital. It takes around 8 hrs to reach Nainital from New Delhi. Nainital is connected to National Highway No. 87.

There are branches and ATM's of almost all major banks in Nainital.

The use of plastic bags is banned in Nainital.

Invitation Letter for Resource Person

Ref. No: UGC ASC- KU/PRO/RC/19-20

Date: 22/11/2019

Dear Sir,

The UGC- Human Resource Development Centre, Kumaun University, Nainital is organizing Refresher Course in Physical Education & Yoga (03th to 16th December, 2019) for university/college teachers.

I request you to be a resource person in the above programme with an object **to enhance their motivation, skills and knowledge through systematic orientation in specific subjects, techniques and methodologies and initiatives for innovative and creative work.** On the basis of previous communication with you, your lectures have been scheduled as follows:

Programme	Date /Day	Time	Topic of lectures
Refresher Course	09 December 2019 Monday	09.45-11.15 am.	
		11.30 -01.00 pm.	

Venue: UGC-HRDC, The Hermitage, Kumaun University, Mallital, Nainital.

Please inform us of your travel programme and the exact topics of your lecture(s) at the earliest. You will be paid honorarium @ Rs 1500/- per session of 90 minutes interaction, allowing opportunities for participants to ask questions and discuss vital points of interest.

As per new UGC guidelines it is needed that you provide a soft copy of full content or at least detailed abstract along with a ppt of the lecture (if lecture presenting through PPT).

A line in confirmation will be highly appreciated.

Thanking you,
With warm regards,
Sincerely,

B.L. Sah

(Prof. B.L. Sah)
Director

To,
Dr. Sushma Ghildiyal
B H U
Varanasi (U.P.)

Schedule

UGC –Human Resource Development Centre, Kumaun, University Nainital RC in Physical Education and Yoga (03-16 December 2019)

DATE/DAY	SESSION	TOPIC	RESOURCE PERSON
03 December 2019 Tuesday	09.45-11.15 am.	Registration / Inaugural Function/ Introduction	
	11.30 -01.00 pm.		HRDC Team
	01.00-01. 30 pm.		
	01.30 -03.00 pm	Interactive Session with participants/Fears & Expectations	HRDC Team
	03.00 -04.30 pm.		
04 December 2019 Wednesday	09.45-11.15 am.	Academic Writing in Research in an Electronic Environment/ Innovation, Creativity and ICT	Prof. B.L. Sah
	11.30 -01.00 pm.	Academic Writing in Research in an Electronic Environment/ Innovation, Creativity and ICT	Prof. B.L. Sah
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	GPA/ Assignments	GPA/ Assignments
	03.00 -04.30 pm.	Library	Library
05 December 2019 Thursday	09.45-11.15 am.	Sports	Mr. Rajendra Singh
	11.30 -01.00 pm.	Sports	Mr. Rajendra Singh
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Group Discussion	Dr. Reetesh Sah
	03.00 -04.30 pm.	Group Discussion	Dr. Reetesh Sah
06 December 2019 Friday	09.45-11.15 am.	Visualization and Enquiry for Sports Performance II nd Mindfulness in Sports	Dr. Bhishm Singh
	11.30 -01.00 pm.	Visualization and Enquiry for Sports Performance II nd Mindfulness in Sports	Dr. Bhishm Singh
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Micro-teaching	Micro-teaching
	03.00 -04.30 pm.	GPA	GPA
07 December 2019 Saturday	09.45-11.15 am.	Meditation	Dr. Nagendra Sharma
	11.30 -01.00 pm.	Meditation	Dr. Nagendra Sharma
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm		
	03.00 -04.30 pm.	GPA	GPA
08 December 2019 Sunday	09.45-11.15 am.	GPA	GPA
	11.30 -01.00 pm.		
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm		
	03.00 -04.30 pm.		

SUNDAY

09 December 2019 Monday	09.45-11.15 am.	Opesity and Weight Management	Dr. Sushma Ghildiyal
	11.30 -01.00 pm.	Sexual Harassment of Women at Work Place Act, 2013	Dr. Sushma Ghildiyal
	01.00-01. 30 pm.		
	01.30 -03.00 pm	Addiction, Happiness	Dr. Gomti
	03.00 -04.30 pm.	Mirco-teaching	Mirco-teaching
10 December 2019 Tuesday	09.45-11.15 am.	Recreation	Dr. Sompal Singh
	11.30 -01.00 pm.	Recreation	Dr. Sompal Singh
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Practical Session in Ground Played Football Match	Dr. Nagendra Sharma
	03.00 -04.30 pm.	Practical Session in Ground Played Football Match	Dr. Nagendra Sharma
11 December 2019 Wednesday	09.45-11.15 am.	Yogic Sciences	Dr. L. N. Joshi
	11.30 -01.00 pm.	Yogic Sciences	Dr. L. N. Joshi
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Power Point Presentation	Dr. D.D. Joshi
	03.00 -04.30 pm.	Power Point Presentation	Dr. D.D. Joshi
12 December 2019 Thursday	09.45-11.15 am.	Yog Nadi Vigyan	Dr. L. N. Joshi
	11.30 -01.00 pm.	Yog Nadi Vigyan	Dr. L. N. Joshi
	01.00-01. 30 pm.		
	01.30 -03.00 pm	Cultural Programe	Prof. B.L. Sah
	03.00 -04.30 pm.	Cultural Programe	Prof. B.L. Sah
13 December 2019 Friday	09.45-11.15 am.		
	11.30 -01.00 pm.		
	01.00-01. 30 pm.	SEMINAR	
	01.30 -03.00 pm		
	03.00 -04.30 pm.		
14 December 2019 Saturday	09.45-11.15 am.		
	11.30 -01.00 pm.		
	01.00-01. 30 pm.	SEMINAR	
	01.30 -03.00 pm		
	03.00 -04.30 pm.		
15 December 2019 Sunday	09.45-11.15 am.		
	11.30 -01.00 pm.	SUNDAY	
	01.00-01. 30 pm.		
	01.30 -03.00 pm		
	03.00 -04.30 pm.		
16 December 2019 Monday	09.45-11.15 am.	General Policy of Physical Education	Prof. Dilip Dureha
	11.30 -01.00 pm.	General Policy of Physical Education	Prof. Dilip Dureha
	01.00-01. 30 pm.	VALEDICTORY	
	01.30 -03.00 pm		
	03.00 -04.30 pm.		

List of Participants

UGC Human Resource Development Centre Kumaun, University Nainital RC in Physical Education and Yoga (03-16 December 2019)

S. N	Name & Address of Participants	Address of Residence	M/F	Cat	Subject	University	Phone No./ E-mail
1.	Ajay Kumar Assistant Professor Department of Physical Education Govt. College Dujana, Jhajjar-124102 (Haryana)	624/29, Tilak Nagar Rohtak (Haryana)	M	Gen	Physical Education	M D University	Tel (O): Tel (R): Mobile: 09416231064 Email: ajayjoon94162.aj@gmail.com
2.	Ajay Malik Assistant Professor Department of Physical Educ. & Sports , Gurukul Kangri Vishwavidyalaya Haridwar-249404 (Uttarakhand)	House No. 25 Bada Bariwar Gurukul Kangri Vishwavidyalaya Haridwar-249404 (Uttarakhand)	M	Gen	Physical Education	Gurukul Kangri Vishwavidyalaya	Tel (O): Tel (R): Mobile:09897238225 Email:dr.ajaygkv@gmail.com
3.	B. Akbar Ali Director of Physical Education Hajee Karutha Rowther Howdia College, Uthamapalayam Theni-625533 (Kerala)	No.-5-2 P54, Ist Floor Anna Street P T R Colony Uthamapalayam Theni-625533 (Kerala)	M	Min	Physical Education	Madurai Kamraj University	Tel (O): 04554-265225 Tel (R): Mobile:09444280612 Email:akbar5780@yahoo.com
4.	B.V. Ganesh Director Department of Physical Education B. D. University Govt. First Grade College, Humsur-571105 (Karnataka)	# 190 Subramanyan Nagar Junanaganga Layout Near hari Vidhyalaya, Begati Mysore (Karnataka)	M	OBC	Physical Education	University of Mysure	Tel (O): Tel (R): Mobile: 09448166825 Email:bv.ganesh007@gmail.com
5.	Bhanu Prakash Joshi Assistant Professor Department of Yoga School of Health Science Uttarakhand Open University, Haldwani-263139 (Uttarakhand)	C-12, Judge Farm Near Cynthia School Haldwani (Uttarakhand)	M	Gen	Physical Education	Uttarakhand Open University,	Tel (O): 05946-286052 Tel (R): Mobile: 09411163102 Email:bhanujoshi@uou.ac.in
6.	Birendra Dhull Swimming Coach Department of Sport M.D. University, Rohtak (Haryana)		M	Gen	Sport	M D University	Tel (O): Tel (R): Mobile: 09896050460 Email:dhullbs@gmail.com
7.	Ghanshyam Singh Thakur Assistant Professor	L-02 Lecturer Quarter Chauras	M	OBC	Yoga	N.B. Garhwal	Tel (O): Tel (R):

	Department of Yoga H.N.B. Garhwal University, Srinagar Garhwal (Uttarakhand)	Campus H.N.B. Garhwal University, Srinagar Garhwal (Uttarakhand)				University,	Mobile: 07830201619 Email:ghanshy am.thakur20@ gmail.com
8.	Jitendra Chaudhary Assistant Professor Department of Physical Education R S M College, Dhampur- 246761 (U.P.)	-----	M	OBC	Physical Education	M J P Rohilkhand	Tel (O): Tel (R): Mobile: 09410496262 Email:jitendrar sm@gmail.co m
9.	Kailash Shivharrao Palne Director Physical Education Shivjagriti Senior College Nalegaon Tq. Chakur Dist. Latur-413524 (Maharashtra)	Kalakunj Padma Nagar Behand Ushakaran Latur (Maharashtra)	M	Gen	Physical Education	S R T M University, Nanded	Tel (O):02381- 256074 Tel (R): Mobile: 09657228444 Email:palnekai lassport@gmai l.com
10.	Mathew Issac Assistant Professor Department of Physical Education Mar Dionysius College, Oazhanji-680542 (Kerala)	-----	M	Gen	Physical Education	Calicut University	Tel (O):04885- 276729 Tel (R): Mobile:098470 27626 Email:mathew. issac07@gmail .com
11.	Nagendra Prasad Sharma Sport Officer Kumaun Univwersity, nainital (Uttarakhand)	Near Pant sadan Sarswati sadan mallital Nainital (Uttarakhand)	M	Gen	Physical Education	Kumaun University	Tel (O):05942- 236583 Tel (R): Mobile: 09412038602 Email:sharman agenda@gmai l.com
12.	Naveen Chandra Bhatt. Assistant Professor Department of Yoga S S J Campus Almora , Kumaun University (Uttarakhand)	Hostel warden N.B. Hostel S S J Campus Almora , Kumaun University (Uttarakhand)	M	Gen	Yoga	Kumaun University	Tel (O): Tel (R): Mobile: 07500323111 Email:yogadep artmentssjcam pusalmora@ gmail.com
13.	Nitesh Ramling Swami Director in Physical Education Dayanand College of Arts Sarohi Road, Latur-413512 (Maharashtra)	4/695, dayaram Road Subhash Chowk Latur (Maharashtra)	M	Gen	Physical Education	S R T M University	Tel (O):02382- 221152 Tel (R): Mobile: 09423350555 Email:drnitesh swami28@gma il.com
14.	Om Prakash Aneja Assistant Professor Department of Physical Education Dr. baba sahib Ambedkar College of Arts, Commerce & Science,	60614, Sheshnagar Near Shesh Mandir Brahmapuri Dist.	M	Gen	Physical Education	Gondwana University	Tel (O): Mobile:0827574 8659 Email:om.anej a19@gmail. com

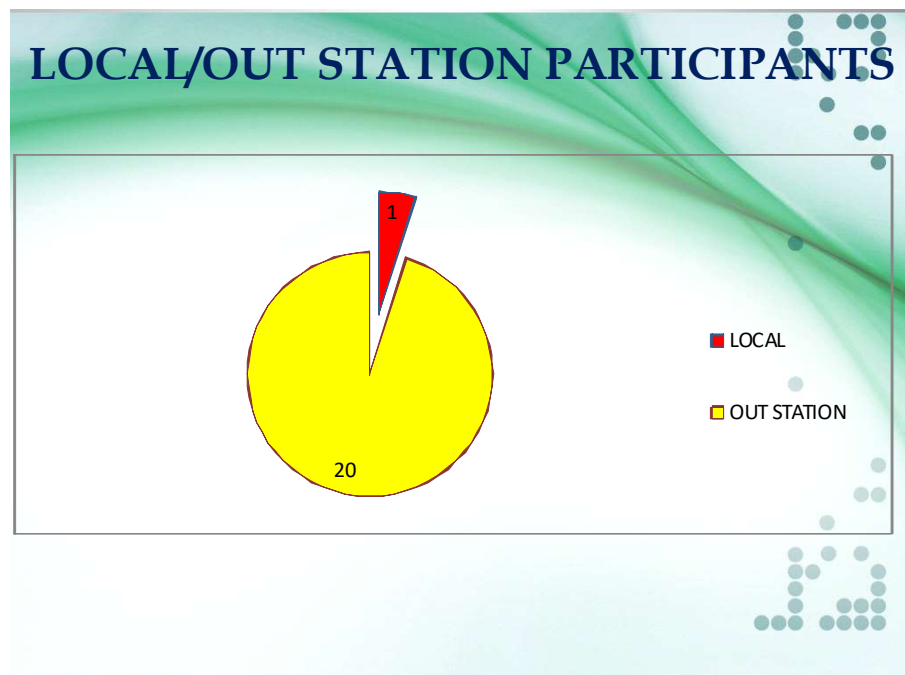
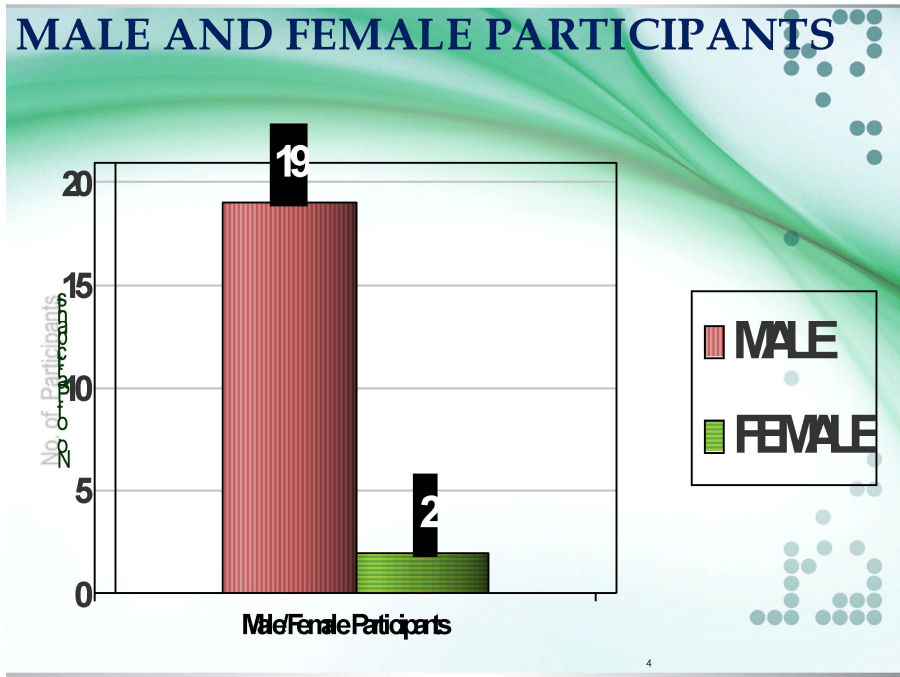
	Brahmapuri Dist. Chanrapur-441206 (Maharashtra)	Chanrapur- 441206 (Maharashtra)					
15.	P.S. Sandhyarani Director of Physical Education Department of Physical Education B .D. University Govt. First Grade College, Humsur-571105 (Karnataka)	#31, Kuvepunagar II Main Mysore N. Block-II Cross (Karnataka)	F	OBC	Physical Education	University of Mysure	Tel (O): Tel (R): Mobile: 09964184014 Email:sanjups1 @gmail.com
16.	Prashant Balasaheb Chavan Director of Physical Education Shahid Bhagatsingh Maha Killari-413516 (Maharashtra)	-----	M	Gen	Physical Education	S R T M University	Tel (O): Tel (R): Mobile: 09921141371 Email:chavanp rashant82@gm ail.com
17.	Rajbir Assistant Professor Department of Physical Education Govt. College for Girls taraori Karnal-(Haryana)	V.P.O. Kirmwah Dist. Kurukshetra (Haryana)	M	SC	Physical Education	Kurukshetr a University	Tel (O): Tel (R): Mobile: 09050810547 Email: rajbir1411@g mail.com
18.	Ravinder Kumar Assistant professor Department of Physical Education Govt. College, Bhattu- Kalan, Fatehabad-125053 (Haryana)	House No. 59 Sector 21P M G A Hisar Haryana	M	SC	Physical Education	C. D. L. University, Sirsa	Tel (O):01667- 252219 Tel (R): Mobile: 09467243123 Email:bhumba kravinder@ gmail.com
19.	Sanghpal Wamanrao Narware Director of Physical Education Chintamani College of Science Pomibhurna Dist. Chandrapur-442918 (Maharashtra)	C/o Dilip Makalwar Sanghpal Narnarware Shaster Nagar Ponbhurna 442918 (Maharashtra)	M	SC	Physical Education	Gondwana University	Tel (O): Tel (R): Mobile: 09421806838 Email:sanghpal 1982@rediffm ail.com
20.	Simadevi Sadashiv Munde Director of Physical Education Dagdojirao Deshmukh Arts Commerce, Walju, Aurangabad-431136 (Maharashtra)	1033, B-Wing, Kalugani Appartment Pratapnagar, Aurangabad, Darga Road Aurangabad- 431136 (Maharashtra)	F	OBC	Physical Education	Dr. B A M University, Aurangabad	Tel (O): 0240- 2552083 Tel (R): Mobile: 09923627485 Email:seemam unde11@gmail .com
21.	Yashwant Singh Assistant Professor Department of Physical Education	192, Defence Colony Hisar (Haryana)	M	Gen	Physical Education		Tel (O): Tel (R): Mobile: 09999486112 Email:yashwan

	Giri Centre D S W –cum- Eo Office, Luvas Hisar- 125004 (Haryana)						tbangerwa@live.com
22.	Mujahid Ali Assistant professor Department of Physical Education Govt. Raza P.G. College, Rampur-244901 (U.P.)	-----	M	Min.	Physical Education	M J P Rohilkhand University	Tel (O): Tel (R): Mobile: 09897063768 Email:nsb1804 @gmail.com

Photo Section

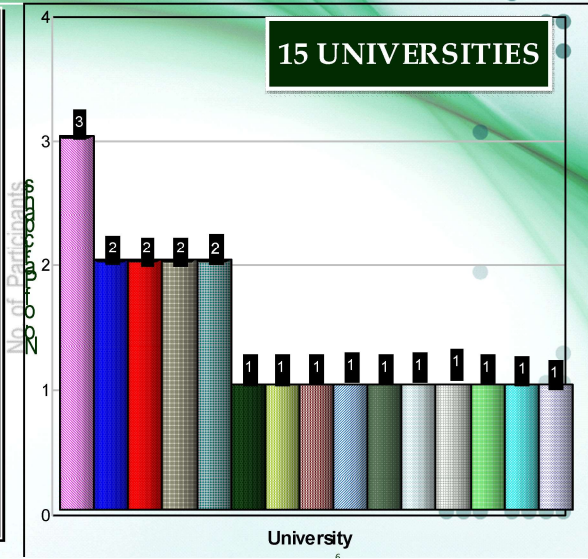


Data Illustration

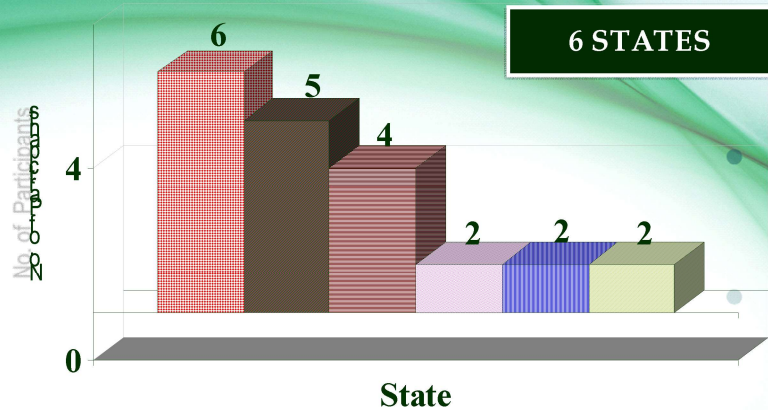


UNIVERSITY WISE REPRESENTATION

- S R T M UNIVERSITY, NANDED
- M D UNIVERSITY, ROHTAK
- MYSURE UNIVERSITY, KERALA
- M J P ROHILKHAND UNIVERSITY, BAREILLY
- GONDWANA UNIVERSITY, GADCHIROLI
- GURUKUL KANGRI UNIVERSITY, HARIDWAR
- MADURAI KAMARAJ UNIVERSITY, KERALA
- UTTARAKHAND OPEN UNIVERSITY, HALDWANI
- H N B GARHWAL UNIVERSITY, SRINAGAR GARHWAL
- CALICUT UNIVERSITY, KERALA
- KUMAUN UNIVERSITY, NAINITAL
- KURUKSHETRA UNIVERSITY, KURUKSHETRA
- C L D UNIVERSITY, HARYANA
- DR. B.A.M. UNIVERSITY, AURANGABAD
- LALA LAJPATRAI VETERINARY UNIVERSITY, SIRSA



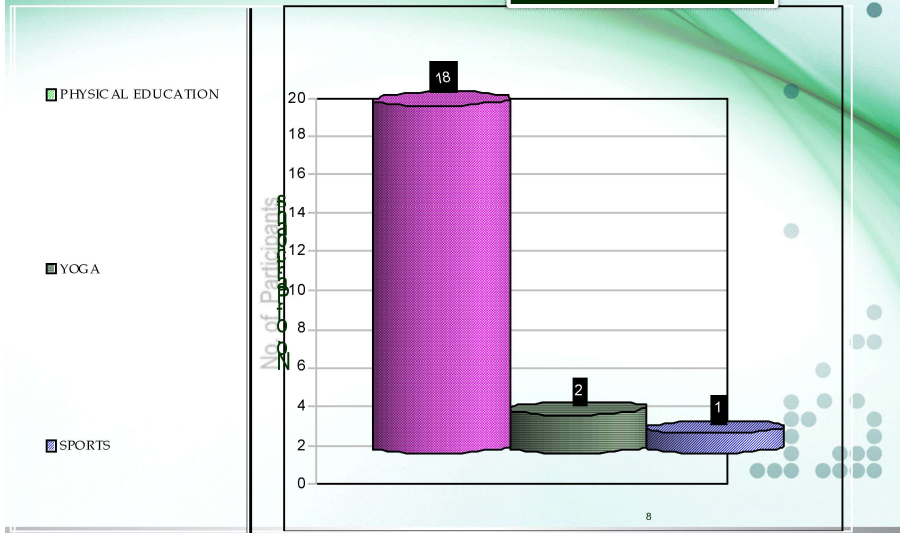
STATE WISE REPRESENTATION



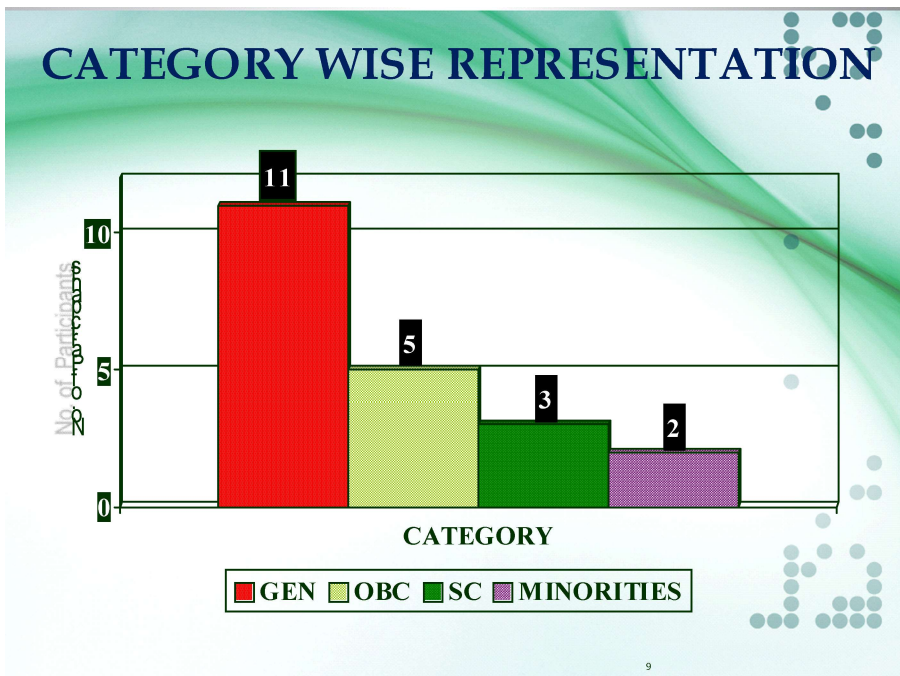
- MAHARASHTRA
- HARYANANA
- UTTARAKHAND
- KARNATAKA
- KERALA
- UTTAR PRADESH

SUBJECT WISE REPRESENTATION

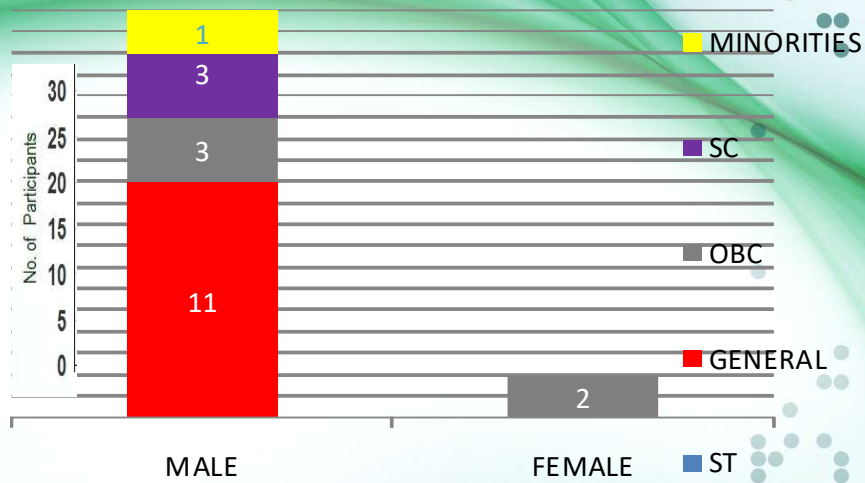
03 SUBJECT



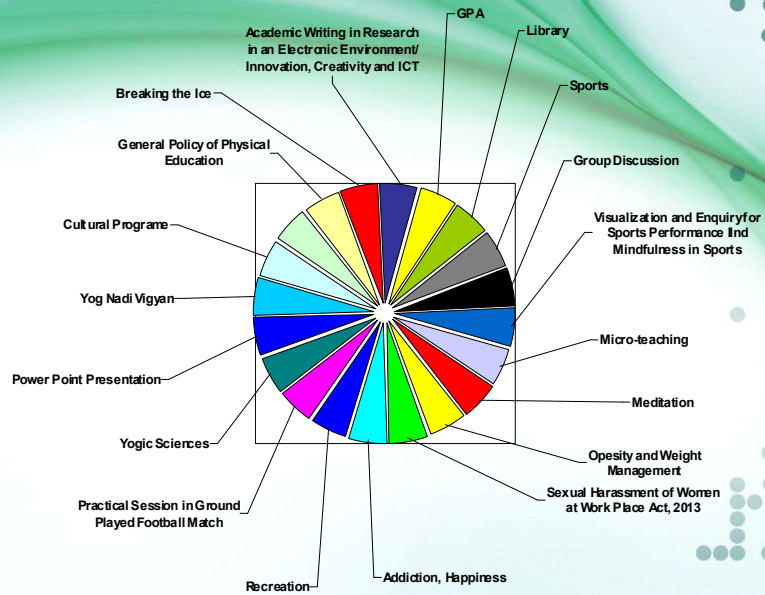
CATEGORY WISE REPRESENTATION



SUB-CATEGORY WISE REPRESENTATION



CURRICULAM ASPECTS



List of Day Officers

**UGC-Human Resource Development Centre, Kumaun University, Nainital
RC in Physical Education and Yoga (03-16 December 2019)**

DATE	DAY MONITORS
Day-1	Bhanu Prakash Joshi
Day-2	Naveen Chandra Bhatt
Day-3	P.S. Sandhyarani
Day-4	Kailash Shivharrao Palne
Day-5	Simadevi Sadashiv Munde & Mujahid Ali
Day-6	Birendra Dhull & Yashwant Singh
Day-7	Ghanshyam Singh Thakur & Sanghpal Wamanrao Narware
Day-8	Jitendra Chaudhary & Prashant Balasaheb Chavan
Day-9	B.V. Ganesh & B. Akbar Ali
Day-10	Mathew Issac, Om Prakash Aneja, Rajbir
Day-11	Ajay Malik, Ravinder Kumar, Nitesh Ramling Swami
Day-12	Ajay Kumar

Equipment In-charge/Computer Lab In-charge - Mathew Issac

Meditation Room In-charge - Ghanshyam Singh Thakur

Mess In-charge - Birendra Dhull

Evaluation of Participants

RC in Physical Education and Yoga (03-16 December 2019)

S.I. No.	Name of the Participant	Overall response 20 marks	Research Project Proposal 20 marks	Seminar Power Point Presentation 15 Marks	Micro Teaching 20 marks	GD 5 marks	Project of PPT 20 marks	Total Max. Marks 100
1.	Ajay Kumar	18	13.0	13.0	18.0	4.0	10.0	76.0
2.	Ajay Malik	18	17.0	11.0	18.0	5.0	13.0	82.0
3.	B. Akbar Ali	18	12.0	13.0	18.0	5.0	9.0	75.0
4.	B.V. Ganesh	18	14.0	12.0	18.5	4.5	10.0	77.0
5.	Bhanu Prakash Joshi	18	16.0	12.0	18.0	4.0	12.0	80.0
6.	Birendra Dhull	18	14.0	12.0	18.0	5.0	10.0	77.0
7.	Ghanshyam Singh Thakur	18	16.0	13.0	18.0	5.0	13.0	83.0
8.	Jitendra Chaudhary	18	16.0	13.0	18.5	4.5	12.0	82.0
9.	Kailash Shivharrao Palne	18	13.0	13.0	18.5	4.0	11.0	77.5
10.	Mathew Issac	18	15.0	12.0	18.5	5.0	12.0	80.5
11.	Mujahid Ali	18	13.0	13.0	18.0	4.5	10.0	76.5
12.	Naveen Chandra Bhatt	18	15.0	13.0	18.5	5.0	12.0	81.5
13.	Nitेश Ramling Swami	18	16.0	13.0	18.5	4.5	11.0	81.0
14.	Om Prakash Aneja	18	16.0	13.0	18.5	4.0	12.0	81.5
15.	P.S. Sandhyarani	18	14.0	12.0	18.5	5.0	13.0	80.5
16.	Prashant Balasaheb Chavan	18	13.0	12.0	18.0	4.5	10.0	75.5
17.	Rajbir	18	14.0	12.0	18.0	5.0	10.0	77.0
18.	Ravinder Kumar	18	14.0	12.0	18.0	4.0	11.0	77.0
19.	Sanghpal Wamanrao Narware	18	16.0	13.0	18.5	5.0	10.0	80.5
20.	Simadevi Sadashiv Munde	18	16.0	12.0	18.0	5.0	12.0	81.0
21.	Yashwant Singh	18	17.0	12.0	18.0	4.5	13.0	82.5
22.	Nagendra Sharma	18	14.0	13.0	18.5	5.0	12.0	80.5

Director

Course Coordinator

Evaluation of Resource Persons

RC in Physical Education and Yoga (03-16 December 2019)

S. No.	Name of Resource Person	Grading (Excellent + Good in %)
1.	Prof. Dilip Dureha	95
2.	Dr. Shusma Ghildiyal	94
3.	Dr. Sompal Singh	94
4.	Dr. L.N. Joshi	94
5.	Mr. Rajendra Rawat	93
6.	Dr. Bhisama Singh	93

Director

Course Coordinator