



# अधिष्ठाता छात्र कल्याण, डी०एस०बी० परिसर, कुमाऊँ विश्वविद्यालय, नैनीताल।

Letter No. : DSW/2024/117A

Date: 12-02-2024

## Circular


**Sub:** Guidance for properly wrapping and disposing of sanitary waste as per CPCB guidelines-regd.

**Ref:** "Guidelines on Sanitary Waste Management, 2016" notified by the Government of India through CPCB

- Arising as a serious problem, disposal of sanitary waste has become a burdensome for not only cities but also in our Campus. They are either flushed, thrown in garbage bins and get mixed with other dry waste or sometimes even thrown here and there in the open areas. Such kind of disposal creates unhygienic environment and pollutes the respective areas.
- Taking into account public health issues, choking of drainage pipes incorporating soil and water pollution a "Quick Launch Action" was developed as per directions given by CPCB either by proper wrapping and burial or inceneration (Appendix 1 &2).
- Moving forward to improvise the current scenario, a "step by step" educational pamphlets were dezined for easy understanding and needs to be widely circulated among the students (e-circulation), posters can also be put up at strategic locations in the hostels and girls common room area (Appendix 2).
- In the locations where incenerators are not available, proper wrapping and disposing in the feminine hygiene bin is recommended.
- Girl's hostel office should ensure the availability of adequate newsappers/ wrapping material at easy reach.
- The sanitary napkins should be properly wrapped in newspaper/ cover provided along with napkin and discarded in "feminine hygiene bin". Later the collected material should hand over to the waste collector for safe disposal.

**Properly wrapped sanitary waste → Feminine Hygiene Bin → Cleaning Staff → Door to door collection → proper disposal**


- The cleaning staff need awareness and hands on training by the "Girl's hostel Wardens" concernred in association with the Co-ordinator, Green committee of the campus.
- The Girls Hostel Office should maintain a "Hygiene Management Register" at all the girls hostels and also provide consolidated report regarding compliance.
- All the Girls Hostel Wardens & Students should comply for safety.

  
Dean, Student's Welfare

Enclosure: Appendix 1 Action Plan  
Appendix 2 Educational Pamphlet

Copy to:

1. Campus Director, D.S.B. Campus, Nainital/Sir J.C. Bose Campus, Bhimtal
2. Warden, Girls Hostel, D.S.B. Campus and Sir J.C. Bose Campus, Bhimtal
3. ERP cell (for web hosting the circular)

  
Dean, Student's Welfare

### Appendix 1: Action Plan

<b>Purpose</b>	Quick Launch Action for Safe Disposal of Sanitary Waste at Girls Hostels, fostering Green Campus at Kumaun University
<b>Target</b>	Girls Hostel, Kumaun University
<b>Direction by the Government of India</b>	<p>As per the Solid Waste Management, Rules, 2016, the Government of India through CPCB has framed the 'Guidelines for Management of Sanitary Waste' to ensure <b>proper disposal of sanitary waste</b>. The existing definitions and sanitary waste management that are recommended under SWM Rules, 2016, are as follows:</p> <ul style="list-style-type: none"> <li>• Rule 3(19), "<b>dry waste</b>" means waste other than bio-degradable waste and inert street sweepings and includes recyclable and non-recyclable waste, combustible waste and <u>sanitary napkin and diapers</u>, etc;</li> <li>• Rule 3(41), "<b>sanitary waste</b>" means wastes comprising of used <u>diapers, sanitary towels or napkins, tampons, condoms, incontinence sheets</u> and any other similar waste;</li> <li>• Rule (4)(b), states that <u>wrap securely the used sanitary waste like diapers, sanitary pads etc.</u>, in the pouches provided by the manufacturers (or) brand owners of these products (or) <u>in a suitable wrapping material</u> as instructed by the local authorities and shall place the same in the bin meant for dry waste or non-bio-degradable waste;</li> <li>• Rule 15(zg) (iv) &amp; (vi), stated that the Local Authority shall <u>create public awareness through information, education and communication campaign and educate the waste generators on wrapping used sanitary waste securely as and when generated in</u> the pouches provided by the brand owners (or) <u>a suitable wrapping</u> as prescribed and place the same in the bin.</li> </ul>
<b>Situation Analysis</b>	<p>At Girls Hostel, incinerators were provided by Kumaun University admin for the disposal of 'sanitary napkins'. Alternatively girls are also advised to dispose sanitary napkins by <u>proper wrapping in the 'news paper'</u> and disposing in a 'feminine hygiene bins' for further disposal recommended in the 'Guidelines on Sanitary Waste Management' Notified by the Government of India through CPCB.</p> <p style="text-align: center;"><i>Properly Wrapped Sanitary Waste → Feminine Hygiene Bin → Housekeeping staff → Door to Door Collection → Burial</i></p>



## Quick Launch Action at Girls Hostel/Common rooms Fostering Green Campus at Kumaun University

### Do's for sanitary Napkin and Tampon Disposal using Incinerator



#### How to use incinerator?

- Step 1: Open the door
- Step 2: Drop the used pad
- Step 3: Close the door



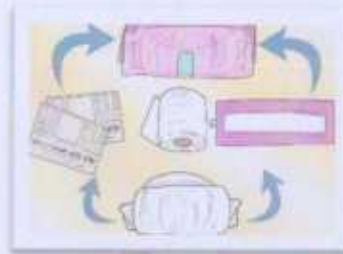
Appendix 2

Quick Launch Action at Girls Hostel/Common rooms Fostering Green Campus at Kumaun University

**Do's for sanitary Napkin and Tampon Disposal**



**Roll the pad**



**Wrap in newspaper/cover**



**Dispose in dustbin**



**Use specially marked bags**



**Use separate dustbins**



**Wash your hands**