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EXECUTIVE SUMMARY

Name of the Course	Refresher Course in Ethics, Spirituality and Yog
Venue	The Hermitage, UGC-Human Resource Development Centre Kumaun University, Nainital
Date	10 March– 30 March 2018
Organizing Agency	UGC-Human Resource Development Centre, Kumaun University, Nainital.
Patron	Hon'ble Vice-Chancellor, Prof. D.K. Nauriyal, Kumaun University, Nainital.
Course Team	
Director	Prof. B. L. Sah, Director, UGC-Human Resource Development Centre, Kumaun University, Nainital
Deputy Director	Dr. Divya Upadhayay Joshi, Deputy Director, UGC-Human Resource Development Centre, Kumaun University, Nainital
Assistant Director	Dr. Reetesh Sah, Assistant Director, UGC-Human Resource Development Centre, Kumaun University, Nainital
Officials	Mr. I.S. Negi, Dr. Rajendra Singh Bora, Mr. Jasod Singh Bisht, Mr. Arvind Singh, Mr. Kailash, Mr. Rajendra
No. of Participants attended	41
No. of Participants applied	84
<p>Interactive Session, Breaking the Ice, Climate Change & Carban Foot Print Molecular, Cytogenetic, Sustainable Development, Algae Emerging, Trends in Himalaya, Biodiversity –Its Conservation & Preservation, Microbiology Environment, Mycology, Bryophyte, Recent Advantage in Plant, Antinomy of Vascular Plants, Palynology, Fossilization & Fossil (Plants) of Himalaya, G.I. & Ethno Botany, Plant Breeding & Molecular Profiting, Physiology, Genetics/Biotechnology & Planting.</p>	

Invitation Letter for Participants

Ref. No: UGC –HRDC/KU/PRO/RC-/17-18

Date: 07/03/2018

Dear Participant,

Your application for participation in **Refresher Course in Ethics Spirituality & Yoga** has been accepted. The course is scheduled from **10-03-2018** to **30-03-2018** at the UGC-Human Resource Development Centre, Kumaun University, Nainital.

Attendance in the inaugural session is compulsory so ensure that you report with your **relieving certificate** and copy of **12(b) or 2(f) certificate** at the UGC-Human Resource Development Centre, The Hermitage, Kumaun University, Mallital, Nainital at 10:00 am sharp on 10/03/2018 (Saturday).

You will be informed of all details regarding the course on your arrival at Nainital. **The weather of Nainital in March is cold and woollens are compulsorily required to brave the chill.** (Other information overleaf)

TA will be paid for travel by AC-III/ Deluxe Bus via shortest route between your place of work and Nainital. Please preserve copies/original of your travel tickets/receipts. Local conveyance charge will be paid as per University rules.

You are required to confirm your participation and arrival date by telephone or e-mail at the earliest. **We have dormitory/room sharing type hostel facility and we provide it on a first confirmation first serve basis.** So please ensure your timely confirmation to avoid any inconvenience.

No accommodation will be given to family members/companions of participants.

We look forward to seeing you at the UGC-Human Resource Development Centre, Kumaun University, Nainital.

Sincerely,

B. L. Sah

(Prof. B. L. Sah)
Director

To,
Dr. Deepa Pande
Assistant Professor
Department of History
Govt. P.G. College, Dwarahat
Dist. Almora-263653 (Uttarakhand)

General Information for Participants

The colonial town of Nainital situated in the Indian state of Uttarakhand is the headquarters of Nainital District in the outer Himalayas. Situated at an altitude of 1,938 meters (6,358 feet) above sea level, this town with its beautiful splendor is one of the most popular famous tourist places of the country. Nainital has moderate summers, maximum temperature 29° C; minimum temperature 10° C and extreme winters with minimum sub-zero temperatures. You should bring adequate clothing suitable for Nainital, a sweaters and a jacket are required to brave the cold in the morning or evening hours.

MODES OF TRANSPORT - Nainital is well connected with the rest of the country through different modes of transport.

RAILWAYS – Kathgodam, 35 Kms. away, is the nearest railway terminus of the broad gauge line of North East Railways connecting Nainital with Delhi, Dehradun & Howrah. Lalkuan, 60 Kms from Nainital, is connected to Bareilly, Mathura & Lucknow. Nainital is 35 Km. far from Kathgodam, the nearest railway station and 285 Km from New Delhi and 310 Km. from the state capital Dehradun.

You can take a Taxi or Buses from Kathgodam or Haldwani. Taxis are available on shared seat basis at Haldwani Taxi Stand & as well as at Kathgodam, Haldwani & Lalkuan railway stations.

A computerized Railway Reservation counter is situated near Bus Stand at Nainital. This facility is also available at Kathgodam, Haldwani & Lalkuan railway stations.

RAILWAY TIME TABLE

(Kindly confirm with current schedule of Indian Railways)

Train Name	Train No.	From/Departure time	To /Arrival time	Train No	From/Departure time	To /Arrival time
Ranikhet Express	15014	Kathgodam/ 20:40	Delhi/ 4:00	15013	Delhi/ 22:40	Kathgodam/ 05:20
UTR Samprk K Ex.	15036	Kathgodam/ 08:50	Delhi/ 15:20	15035	Delhi/16:00	Kathgodam / 22:40
Bagh Express	13020	Kathgodam/ 21:55	Howarah/ 12:40	13019	Howarah/21:45	Kathgodam / 09:30
Nainital Express	15307	Lalkuan / 20:45	Lucknow/ 6:25	15308	Lucknow/ 20:45	Lalkuan / 06:10
KGMDN express	14119	Kathgodam/19:45	Dehradun/04:20	14120	Dehradun/ 22:50	Kathgodam/07:10

BY BUS- The U.K.S.R.T. Corporation (Uttarakhand Govt. Roadways) provides direct buses to Nainital from Delhi, Lucknow and major cities of the state. There are many private tour operators who provide good and luxurious coach buses to Nainital from New Delhi. Besides these, Haryana Roadways, Rajasthan Roadways & the DTC (Delhi Transport Corp.) also operate direct buses to Nainital. It takes around 8 hrs to reach Nainital from New Delhi. Nainital is connected to National Highway No. 87.

There are branches and ATM's of almost all major banks in Nainital.

The use of plastic bags is banned in Nainital.

Invitation letter for Resource Persons

Ref. No: UGC-HRDC- KU/PRO/RC-91/17-18

Date: 22/03/2018

Sir,

The UGC- Human Resource Development Centre, Kumaun University, Nainital is organizing Refresher Courses in **Ethics, Spirituality and Yoga (IDC)** and **Physical Education and Yoga (SRC)** organizing between 10 March to 31 March, 2018 for university/college teachers from all over India.

I shall feel highly obliged if you could kindly come as a resource person for the programme and enlighten the trainee teachers with your letters and rich experience. Your lectures have been scheduled as follows:

Programme	Date /Day	Time	Theme of sessions
Refresher Course	29 March 2018 Thursday	10.00 -11.15 am	
		11.15 -01.00 pm	

Venue: UGC-HRDC, The Hermitage, Kumaun University, Mallital, Nainital.

Your august presence and guidance will be a source of inspiration and facilitate the functioning of the programme in an academic and dexterous manner.

We are able to provide you accommodation in the Guest House of UGC-HRDC, Kumaun University, Nainital.

As per new UGC guidelines it is needed that you provide a soft copy of full content or at least detailed abstract along with a ppt of the lecture (if lecture presenting through PPT).

A line in confirmation will be highly appreciated.

Thanking you,

With warm regards,

Sincerely,

B.L. Sah

(Prof. B.L. Sah)

Director

To,

Prof. Piyushkant Dixit

Hon'ble Vice-Chancellor

Uttarakhand Sanskrit University

NH-58, BHEL More, Bahadrad Haridwar – 249402

Uttarakhand, India

Schedule

**UGC Human Resource Development Centre, Kumaun, University Nainital
Refresher Course in Ethics Spirituality & Yoga (IDC)
(10 March to 30 March, 2018)**

DATE/DAY	SESSION	TOPIC	RESOURCE PERSON
10 March 2018 Saturday	09.45-11.15 am.	Registration /Introduction	
	11.30 -01.00 pm.	Inaugural Function	
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Interactive Session with participants/Fears & Expectations	HRDC Team
	03.00 -04.30 pm.	Interactive Session	
11 March 2018 Sunday	09.45-11.15 am.		
	11.30 -01.00 pm.		
	01.00-01. 30 pm.	SUNDAY	
	01.30 -03.00 pm	SUNDAY	
	03.00 -04.30 pm.		
12 March 2018 Monday	09.45-11.15 am.	Ethics Spirituality and Yog in relation to Music	Prof. Vijay Krishna
	11.30 -01.00 pm.		
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Interactive Session	Course Team
	03.00 -04.30 pm.	Interactive Session	Course Team
13 March 2018 Tuesday	09.45-11.15 am.	Concept Formation	Prof. B.L. Sah
	11.30 -01.00 pm.	Concept Formation	Prof. B.L. Sah
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Research Project Proposal	Prof. B.L. Sah
	03.00 -04.30 pm.	Library	Library
14 March 2018 Wednesday	09.45-11.15 am.	Spirituality and Science	Prof. J.K. Joshi
	11.30 -01.00 pm.	Spirituality and Science	Prof. J.K. Joshi
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Microteaching	Course Team
	03.00 -04.30 pm.	Assignment	Course Team
15 March 2018 Thursday	09.45-11.15 am.	Yog and Asanas	Dr.L.N. Joshi
	11.30 -01.00 pm.	Yog and Asanas	Dr.L.N. Joshi
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Microteaching	Course Team
	03.00 -04.30 pm.	Assignment	Course Team
16 March 2018 Friday	09.45-11.15 am.	Ethics Spirituality and Yog	Prof. B.L. Sah
	11.30 -01.00 pm.	Ethics Spirituality and Yog	Prof. B.L. Sah
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Microteaching	Course Team
	03.00 -04.30 pm.	Assignment	Course Team
17 March 2018 Saturday	09.45-11.15 am.	Environment Awareness	Prof. Virendra Singh
	11.30 -01.00 pm.	Environment Awareness	Prof. Virendra Singh
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Microteaching	Course Team
	03.00 -04.30 pm.	Assignment	Course Team

18 March 2018 Sunday	09.45-11.15 am.		
	11.30 -01.00 pm.		
	01.00-01. 30 pm.	SUNDAY	
	01.30 -03.00 pm		
	03.00 -04.30 pm.		
19 March 2018 Monday	09.45-11.15 am.	Positive Thinking	Prof. Hardeep
	11.30 -01.00 pm.	Positive Thinking	Prof. Hardeep
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Microteaching	Course Team
	03.00 -04.30 pm.	Assignment	Course Team
20 March 2018 Tuesday	09.45-11.15 am.	Power of Mind	Prof. Hardeep
	11.30 -01.00 pm.	Power of Mind	Prof. Hardeep
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Spirituality and Yog	Prof. R.K. Gupta
	03.00 -04.30 pm.	Spirituality and Yog	Prof. R.K. Gupta
21 March 2018 Wednesday	09.45-11.15 am.	Ethics and Education	Prof.Rajveer Singh
	11.30 -01.00 pm.	Ethics and Education	Prof.Rajveer Singh
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Microteaching	Course Team
	03.00 -04.30 pm.	Assignment	Course Team
22 March 2018 Thursday	09.45-11.15 am.	Happiness : The goal of life	Prof. N.S. Rana
	11.30 -01.00 pm.	Happiness : The goal of life	Prof. N.S. Rana
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Spirituality and well being	Prof. Aradhana Shukla
	03.00 -04.30 pm.	Spirituality and well being	Prof. Aradhana Shukla
23 March 2018 Friday	09.45-11.15 am.	Capabilities of mind	Dr. Swati Negi
	11.30 -01.00 pm.	Capabilities of mind	Dr. Swati Negi
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Assignment	Course Team
	03.00 -04.30 pm.	Assignment	Course Team
24 March 2018 Saturday	09.45-11.15 am.	Role of Ethics in values and culture	Prof. R.C. Mishra
	11.30 -01.00 pm.	Role of Ethics in values and culture	Prof. R.C. Mishra
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	GD	Prof. B.L. Sah
	03.00 -04.30 pm.	GD	Prof. B.L. Sah
25 March 2018 Sunday	09.45-11.15 am.		
	11.30 -01.00 pm.		
	01.00-01. 30 pm.	SUNDAY	
	01.30 -03.00 pm		
	03.00 -04.30 pm.		
26 March 2018 Monday	09.45-11.15 am.	Spirituality and Ethics	Prof. D.C. Pandey
	11.30 -01.00 pm.		
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	MRP Presentation	Dr. Divya U. Joshi
	03.00 -04.30 pm.	MRP Presentation	Dr. Divya U. Joshi

27 March 2018 Tuesday	09.45-11.15 am.	Spiritual Policy and Yog	Pramod Goswami
	11.30 -01.00 pm.	Spiritual Policy and Yog	Pramod Goswami
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Jyotish and Karma Theory	Dr. Anjana Joshi
	03.00 -04.30 pm.	Jyotish and Karma Theory	Dr. Anjana Joshi
28 March 2018 Wednesday	09.45-11.15 am.	Creativity Innovation and spirituality	Prof. B.L. Sah
	11.30 -01.00 pm.	MRP Presentation	Dr. Divya U. Joshi
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	MRP Presentation	Dr. Divya U. Joshi
	03.00 -04.30 pm.	Interactive Session	Course Team
29 March 2018 Thursday	09.45-11.15 am.	Spirituality and Yog	Prof. Piyush K. Dixit
	11.30 -01.00 pm.	Spirituality and Yog	Prof. Piyush K. Dixit
	01.00-01. 30 pm.	LUNCH	
	01.30 -03.00 pm	Cultural Session	Course Team
	03.00 -04.30 pm.	Cultural Session	Course Team
30 March 2018 Friday	09.45-11.15 am.	Interactive Session	Course Team
	11.30 -01.00 pm.		
	01.00-01. 30 pm.		
	01.30 -03.00 pm		
	03.00 -04.30 pm.		

VALEDICTORY

List of Participants

UGC Human Resource Development Centre Kumaun, University Nainital R.C. in Ethics, Spirituality & Yoga (IDC) (10th to 30th March, 2018)

S.N.	Name & Address of Participants	Address of Residence	M/F	Cat	Subject	University	Phone No./ E-mail
1.	Asha Ram Assistant Professor Department of History V S K C Govt. P.G. College, Dakpatnar, Dehradun-248125 (Uttarakhand)	C/o Teeka Ram Joshi Babugarh Bhimawal Road Vikas Nagar Dehradun (UK)	M	OBC	History	H N B Garhwal University	Tel(O): Tel(R): Mobile:0941077 6895 Email:asharambi jalwan@gmail. com
2.	Ashish Kumar Srivastava Assistant Librarian Central Library, C S J M University, Kanpur-208024 (U.P.)	H.N. 1/332, Shantkuti Vihar Ambedkar Puram, Avas Vikas, Kalyanpur, Kanpur (U.P.)	M	Gen	Lib. Science	C S J M University,	Tel(O): Tel(R): Mobile:0809080 2020 Email:ashish.csj mu@gmail.com
3.	Bhuwan Assistant Professor Department of Political Science M.B. Govt. P.G. College, Haldwani-263139 (Uttarakhand)	S/o D. Tiwari Vihar Pilikhothi bari Mukhani, K.D. Road haldwani (Uttarakhand)	M	Gen	Political Science	Kumaun University	Tel(O): Tel(R): Mobile:0941203 6168 Email:bhuwanpti @gmail.com
4.	Brij Mohan Paragi Assistant Professor Department of Commerce I.P. Govt. Girls P.G. College, Haldwani-263139 (Uttarakhand)	Ganga Enclave Nababi Road Haldwani (Uttarakhand)	M	Gen	Comm-erce	Kumaun University	Tel (O): 05946- 284518 Tel (R): Mobile:0941295 0892 Email:
5.	Chandra Prabha Gangwar Assistant Professor Department of Sanskrit Govt. P.G. College, Bisalpur , Pilibhit (U.P.)	02, Krishna Nagar Near Salipur Chauraha University Road, Bareilly (U.P.)	F	OBC	Sanskrit	M.J.P. Rohilkhand	Tel(O):05881- 223232 Tel(R): Mobile:0945885 6727 Email:drprabha. gangwar@gmail. com
6.	Chincholkar Bandopani B. Assistant Professor Department of English Rajarshi Shaha College, Super Market Road Parbhani-431401 (Maharashtra)	“Shivashray” Shivram Nagar Near shivram talky Basmat Road Parbhani (Maharashtra)	M	Gen	English	S R T M University	Tel (O): 02452- 231435 Tel (R): Mobile: 07588525435 Email: bandopant123@ gmail.com
7.	Deepa Pande Assistant Professor Department of History Govt. P.G. College, Dwarahat Dist. Almora- 263653 (Uttarakhand)	W/o Mr. Mohan Chandra Pande Manik Niwas Bhainsory P.O. Almora (Uttarakhand)	F	Gen	History	Kumaun University	Tel (O): 05966- 244447 Tel (R): Mobile:0941210 6731 Email:deepamoh anpande@gmail.

							com
8.	Deepika Goswami Assistant Professor Department of Zoology D S B campus, Kumaun University, Nainital (Uttarakhand)	Paradisoe Guest House Mandir Marg Bhimtal Nainital (Uttarakhand)	M	OBC	Zoology	Kumaun University	Tel(O):05942- 236785 Tel(R): Mobile:0941198 089 Email:deepikago swami22@gmail .com
9.	Dharam Prakash Yadav Assistant Professor Department of Law Kumaun University, S S J Campus Almora (Uttarakhand)	Professor Colony S S J Campus Almora (Uttarakhand)	M	OBC	Law	Kumaun University	Tel (O): Tel (R): Mobile:0976137 7359 Email:dpyadava9 63@gmail. com
10.	Gokul Singh Satyal Assistant Professor Department of Geography Govt. P.G. College, Salde Dsit. Almora-263661 (Uttarakhand)	Gokul Singh Satyal Mayvilla Compound, Nainital (Uttarakhand)	M	Gen	Geog- raphy	Kumaun University	Tel (O): 05966- 247591 Tel (R): Mobile: 089410184248 Email:satyals_g s@yahoo.com
11.	Jai Prakash Verma Assistant Professor Department of Economics Nrtaji Dubhash Chandra Bose Govt. P.G. College, Aliganj, Lucknow-226024 (U.P.)	N-4/4 Govt. Colony Badshah Nagar Lucknow (U.P.)	M	OBC	Econo- mics	Lucknow University	Tel(O):0522- 2333006 Tel(R): Mobile:0945287 7419 Email:Jaygdc201 2@ gmail.com
12.	Kadam Suresh Vyanjatrao Assistant Professor Department of Marathi Rajarshi Shaha College, Super Market Road Parbhani-431401 (Maharashtra)	'Krushidhad Niwas' Plot No. 225,Sneh Nagar Behind Gajanan Maharaj Temple Basmat Road Parbhani (Maharashtra)	M	Gen	Marathi	S R T M University	Tel (O): 02452- 231435 Tel (R): Mobile: 09420531314 Email:drsureshka dam@gmail. com
13.	Kailas Ruprao Pawar Librarian Shivaji Law College, Kolhapur-416001 (Maharashtra)	Flat. No. 303, Golden Palms Mehata Colony, Pratibha Nagar Kolhapur Dist. Kolhapur (Maharashtra)	M	ST	Lib. Science	Shivaji University	Tel (O): 0231- 2522978 Tel (R): Mobile: 08888815324 Email:krpslc197 6@ gmail.com
14.	Kiran Karnatak Assistant Professor Department of Psychology M.B. Govt. P G College, Haldwani Dist. Nainital- 263139 (Uttarakhand)	Champa Naula Karnatak Khola Almora (Uttarakhand)	F	Gen	Psycho- logy	Kumaun University	Tel(O): Tel(R): Mobile:0941042 498 Email:kiran.karn atak@gmail. com
15.	Leena Vaidya Assistant Professor Department of English J L N Govt. College, Haripur at Manali Dist. Kullu-175136 (H.P.)	The Gash Estate, Haat P.O. Bajaura Dist. Kullu-175136 (H.P.)	F	Gen	English	H.P. University	Tel (O): 01902- 257518 Tel (R): Mobile: 09805065101 Email:leenavaidy a@ gmail.com
16.	Mamta Rajpoot Assistant Professor Department of History Veer Sawarkar Govt.	Olive -488, Ruchi Life Scapes Jatkhad Hoshangabad	F	OBC	History	Barkhattah University	Tel(O):07480- 224365 Tel(R): Mobile:0943409 16361

	College, Obedullaganj Dist. Raisen-464993 (M.P.)	Jatkhandi Hoshangabad Road Bhopal (M.P.)					Email:mamta.skr 9@ gmail.com
17.	Mayank Mohan Assistant Professor Department of Economics M M College, Modinagar (U.P.)	152-A, Nehru Nagar Gali No. - 1 Garh Road Meerut (U.P.)	M	Gen	Econo- mics	C.C.S. University	Tel (O): Tel (R): Mobile:0935967 2105 Email:drmmmr t@ gmail.com
18.	Megha Pal Assistant professor Department of Management Dev Sanskriti Vishwavidhyalaya, Shantikunj, Gayatrikunj Haridwar-249411 (Uttarakhand)	D/o Shri Lokendra Pal House No. 23, Lal Bagh Colony Jhalarapatan Dist. Jhalawar (Rajasthan)	F	Gen	Life Manageme nt	Dev Sanskriti Vishwavidh yalaya	Tel(O): Tel(R): Mobile:0750036 1676 Email:drmegha pal@gmail.com
19.	Mohd Suhel Javed Assistant Professor Department of Chemistry D S B Campus, Kumaun University, Nainital-263002 (Uttarakhand)	Popular's Compound Near Ropway Station Mallital, Nainital (Uttarakhand)	M	Min.	Chemistry	Kumaun University	Tel(O):05942- 236943 Tel(R): Mobile:0992796 6747 Email:Msjaved0 8@ gmail.com
20.	Neelima Tulashiram Mhaske Assistant Professor School of Computer Science North Maharashtra University, Umavinagar, Jalgaon-425001 (Maharashtra)	Gat No. – 8, Plot No. 45, Shivrana nagar Near Datta Mandir, Pimprala (Maharashtra)	F	Gen	Computer Science	N.M. University	Tel (O): 0257- 2257404 Tel (R): Mobile: 0992322144 Email:ntmbaske @ nmu.ac.in
21.	Nita Vakru Patil Assistant Professor School of Computer Science North Maharashtra University, Umavinagar, Jalgaon-425001 (Maharashtra)	C/o Dr. Ajay S. Patil Gat No. 27, Plot No. 10, Nivruth Nagar Jalgaon (Maharashtra)	F	OBC	Computer Science	N.M. University	Tel (O): 0257- 2257453 Tel (R): Mobile: 09405672075 Email:nitaapatil @ gmail.com
22.	Nitin Vasantrao Ashtekar Assistant Professor Shankarrao Jawale Patil Mahavidyalaya Lohara Tq. Lohara Dist. Osmanabad- 413608 (Maharashtra)	At. Post. Lohara Tq. Lohara Dist. Osmanabad (Maharashtra)	M	Gen	-----	-----	Tel (O): 02475- 266246 Tel (R): Mobile: 09763572757 Email:nitinashte kar2911@gmail. com
23.	Pankaj Kumar Upreti Assistant Professor Department of Music Govt. College, Tanakpur Dist. Champawat -262309 (Uttarakhand)	J.K. Puram Sector –D Choti Mukhani Haldwani Dist. Nainital (Uttarakhand)	M	Gen	Music	Kumaun University	Tel (O): Tel (R): Mobile:0941130 1014 Email:
24.	Prerna Azad Assistant Professor Department of Zoology Govt. Geetanjali Girl's PG (autonomous) College,	H.N. 14, Shirdipuram Colony, Kolar Road Bhopal (M.P.)	F	SC	Zoology	Barkatullah University	Tel(O):0755- 2733166 Tel(R): Mobile:0992653 4211 Email:azad.prem

	Berasia Road Bhopal-462001 (M.P.)						a@ gmail.com
25.	Priya Narendra Kurkure Assistant Professor Department of Education R.C. Patel College, of Education Near Karwand Naka, Shirpur Dist. Dhule-425405 (Maharashtra)	10/42, Vidhyawardhani , Housing Society, Sakti Road Dhule, Dist. Dhule (Maharashtra)	F	Gen	Education	North Maharashtra University	Tel (O): 02563- 255301 Tel (R): Mobile:0940456 4064 Email:priyakurk ure@yahoo. com
26.	Raghunath Ramchandra Chavan Librarian Shri vijaysinha Yadav Arts & Science College, Pethvadgaon Dist. Kolhapur-416112 (Maharashtra)	Chavan R.R. Ganesh Nagar Near Yadav Colony, Peth Vadgaon Dist. Kolhapur (Maharashtra)	M	Gen	Lib. Science	Shivaji University	Tel (O): 0230- 2471599 Tel (R): Mobile: 09970191087 Email: rrchavan6550@ gmail.com
27.	Rakesh Kumar Joshi Assistant Professor Department of Chemistry V S K C Govt. P.G. College, Dakpatnar, Dehradun-248125 (Uttarakhand)	A-1, Shanti Vihar Nakrona Road P.O. Harrawala Dehradun (Uttarakhand)	M	Gen	Chemistry	H N B Garhwal University	Tel(O): Tel(R): Mobile:0941244 1598 Email:Joshirk12 @ gmail.com
28.	Ram Dulare Assistant professor Department of Chemistry P.G. College, Ghazipur- 233001 (U.P.)	C/o Hareram Rai Near S.P. Bangala Ravindrapur Colo ny, Gorabazar Ghazipur (U.P.)	M	SC	Chemistry	VBSP University	Tel(O): Tel(R): Mobile:0876500 3056 Email:rdxpgcche m@ mail.com
29.	Ramesh Sharma Assistant Professor Department of English Govt. College, Akri Dist. Solan (Himachal Pradesh)	Village Kanhol P.O. Syrighat The. Kandaghat Dist. Solan (H.P.)	M	Gen	English	H.P. University	Tel (O): Tel (R): Mobile: 09459254037 Email:ramesh54 037@gmail. com
30.	Rekha Joshi Assistant Professor Department of Psychology M.B. Govt. P G College, Haldwani Dist. Nainital- 263139 (Uttarakhand)	Ashta Vihar Near Panchakki Polysheet Kathgodam (Uttarakhand)	F	Gen	Psychology	Kumaun University	Tel(O): Tel(R): Mobile:0945634 5596 Email: joshi.rekha18@ gmail.com
31.	Renu Jalal Assistant Professor Department of Psychology M.B. Govt. P G College, Haldwani Dist. Nainital- 263139 (Uttarakhand)	Lower Danda Compound 200, Road Tallital, Nainital (Uttarakhand)	F	Gen	Psychology	Kumaun University	Tel(O): Tel(R): Mobile:0941093 6145 Email:rs_jalal@ yahoo.com
32.	Sachin Shivaji Ghoble Assistant Professor Department of Zoology Arts Commerce & Science College, Lanja Zapde Kanti Road At/PO Lanja- 416701 (Maharashtra)	C/o Shankar R Kadam, 4/1393, EkdantGoyalwad i, Kedshi Ratnagiri (Maharashtra)	M	SC	Zoology	Mumbai University	Tel (O): 02351- 280558 Tel (R): Mobile: 09421303895 Email:dr.ghoble @ gmail.com
33.	Sagar Sheshrao Gawai Assistant Professor Department of Marathi Late B.S. Arts Plot No.	C/o Subhash Lohane Krishna nagar Nerar Nagsen Vihar At.	M	SC	Marathi	S.G.B. Amravati University	Tel (O): Tel (R): Mobile:0940547 7431

	No.-6 Science and A.G. Com. College, Sakhavkhanda Tq. S. Raja Dist. Buldana-443202 (Maharashtra)	P.O. Tq. Chikhil Dist. Buldana (Maharashtra)					Email:drsagar_gawai2711@rediffmail.com
34.	Sanjay Kumar Suman Assistant professor Department of Hindi P.G. College, Ghazipur-233001 (U.P.)	C/o Nilesh Singh New Professor Colony, Ravindrapuri, Ghazipur-233001 (U.P.)	M	SC	Hindi	VBSP University	Tel(O): Tel(R): Mobile:08765003056 Email:sksuman.bhu@gmail.com
35.	Sheetal Kanojia Assistant Professor Department of Geology DBS (PG) College, Dehradun-248001 (Uttarakhand)	C/o Smar Nath 110, Cement Road Dehradun (Uttarakhand)	F	SC	Geology	H N B Garhwal University	Tel(O): Tel(R): Mobile:09410573876 Email:kanojia.sheetal@gmail.com
36.	Shyam S Phartyal Assistant Professor Department of Forestry H N B Garhwal University, Srinagar Garhwal-249161 (Uttarakhand)	Teacher Colony, H. no. L-10 H N B Garhwal University Campus Tehri garhwal (Uttarakhand)	M	Gen	Forestry	H N B Garhwal University	Tel(O): Tel(R): Mobile:09410941154 Email:shyamphartyal@gmail.com
37.	Suchetan Kumar Assistant Librarian D.S.B. Campus, Kumaun University, Nainital-263002 (Uttarakhand)	New Municipal Quarter Bakery Compound Mallital, Nainital (Uttarakhand)	M	Gen	Lib. Science	Kumaun University	Tel (O): 05942-232636 Tel (R): Mobile: 07409119170 Email:suchetan.sah@gmail.com
38.	Surendra Sinh Mahendrasigh Gohil Assistant Professor Department of English N M College, of Agriculture, N A U, Navsari-396450 (Gujarat)	Sai Row House Near Jinal Park Eru Char Rasta Navsari (Gujarat)	M	Gen	English	Gujarat Agri. University	Tel (O): 02637-282766 Tel (R): Mobile: 0997870073 Email:surendragohil@gmail.com
39.	Swati Pandit Patil Assistant Professor Department of Computer Sc. SSVPS's L.K.Dr. P.R. Ghagrey Science College, Dhule-424005 (Maharashtra)	27, Niltira Shree Gajanan Housing Society Deapur Dhule (Maharashtra)	F	Gen	Computer Sc.	North Mh. University	Tel(O):02562-0272562 Tel(R): 02562-273105 Mobile:09403327437 Email:swatipatil28@gmail.com
40.	Tara Bhatt Assistant Professor Department of Physics M.B. Govt. P G College, Haldwani Dist. Nainital-263139 (Uttarakhand)	E/46, Judge Farm Haldwani (Uttarakhand)	F	Gen	Physics	Kumaun University	Tel(O): Tel(R): Mobile:09410515990 Email:tarabhatt12@yahoo.com
41.	Vijay Kumar Balmari Assistant Professor Department of Commerce D S B Campus, Kumaun University, Nainital-263002 (Uttarakhand)	H.N. 289, Prospect Lodge Near High Court of Uttarakhand, Nainital (Uttarakhand)	M	SC	Commerce	Kumaun University	Tel(O):05942-236788 Tel(R): Mobile:09410117519 Email:vparchey@gmail.com

List of Day Officers

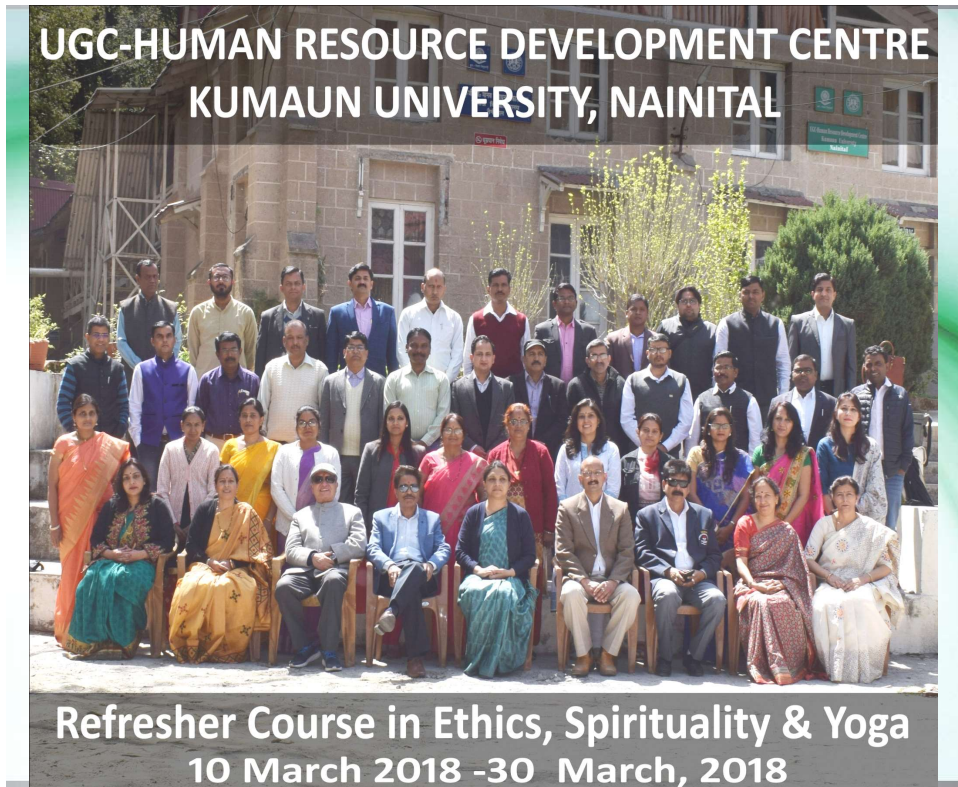
**UGC-Human Resource Development Centre
Kumaun University, Nainital
RC in Ethics, Spirituality and Yog (10 March– 30 March 2018)**

DATE	DAY MONITOR
Day-1	Asha Ram & Tara Bhatt
Day-2	Prerna Azad & Ramesh Sharma
Day-3	Rekha Joshi, Bhuwan & Vijay Kumar
Day-4	Brij Mohan Paragi & Neelima Tulashiram Mhaske
Day-5	Chandra Prabha Gangwar & Shyam S Phartyal
Day-6	Suchetan Kumar & Chincholkar Bandopani B.
Day-7	Deepa Pande & Nitin Vasantao Ashtekar
Day-8	Sagar Sheshrao Gawai, Deepika Goswami & Ram Dulare
Day-9	Priya Narendra Kurkure & Dharam Prakash Yadav
Day-10	Gokul Singh Satyal, Surendra S M Gohil & Megha Pal
Day-11	Jai Prakash Verma & Nita Vakru Patil
Day-12	Kadam Suresh Vyanjatrao & Swati Pandit Patil
Day-13	Kailas Ruprao Pawar & Sheetal Kanojia
Day-14	Sachin Shivaji Ghoble, Kiran Karnatak & Ashish Kumar Srivastava
Day-15	Sanjay Kumar Suman, Leena Vaidya & Pankaj Kumar Upreti
Day-16	Mamta Rajpoot & Rakesh Kumar Joshi
Day-17	Mayank Mohan & Raghunath Ramchandra Chavan
Day-18	Mohd Suhel Javed & Renu Jalal

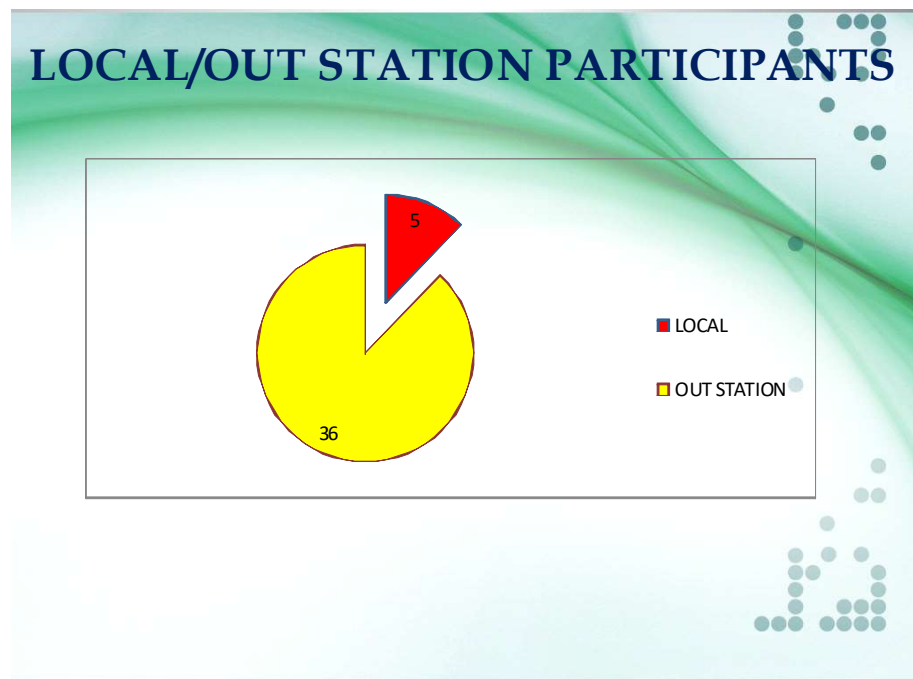
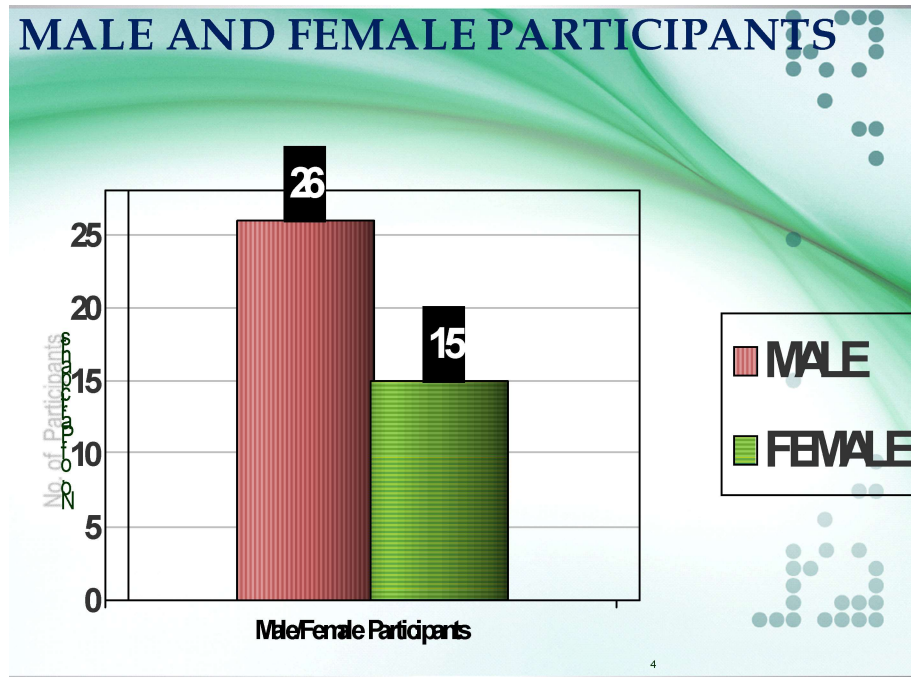
Equipment In-charge - Swati Pandit Patil

Computer Lab In-charge - Neelima Tulashiram Mhaske

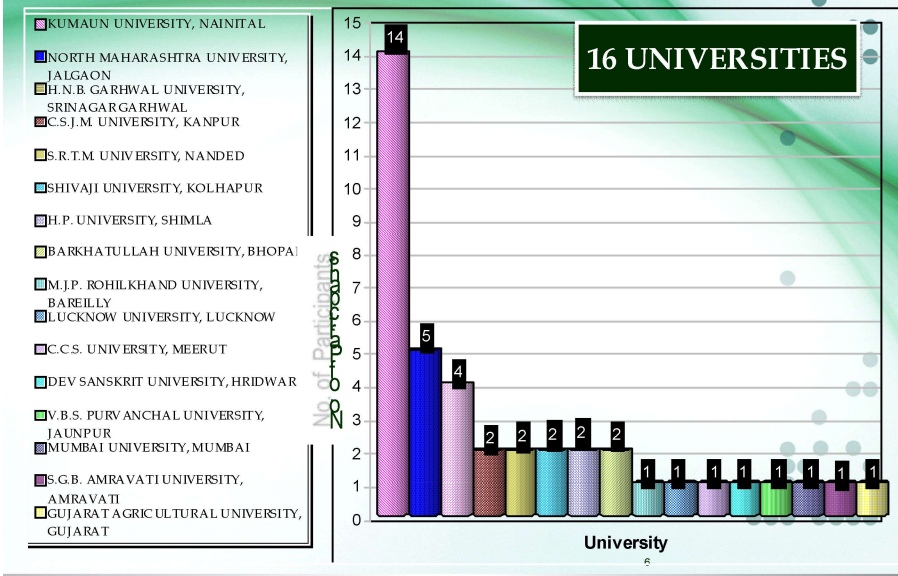
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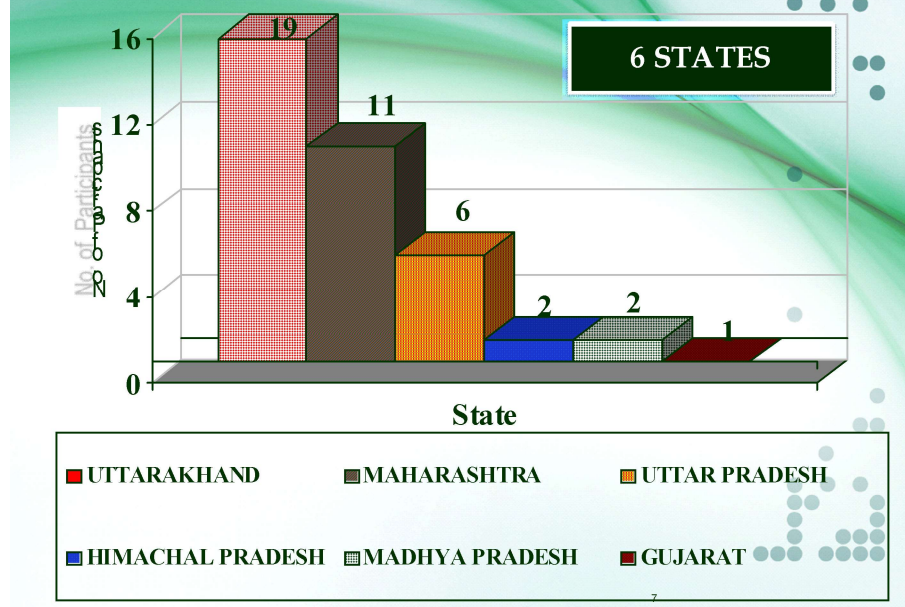
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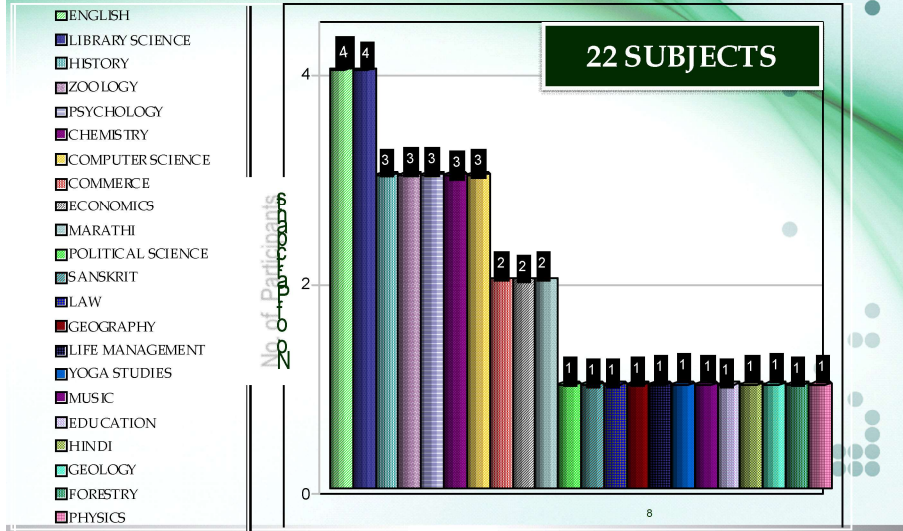
UNIVERSITY WISE REPRESENTATION



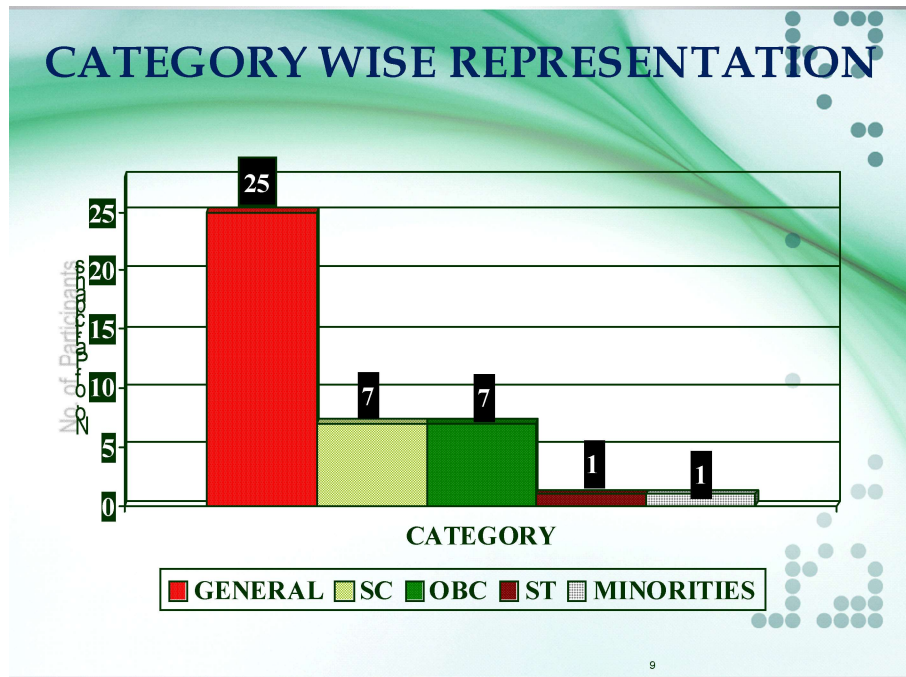
STATE WISE REPRESENTATION



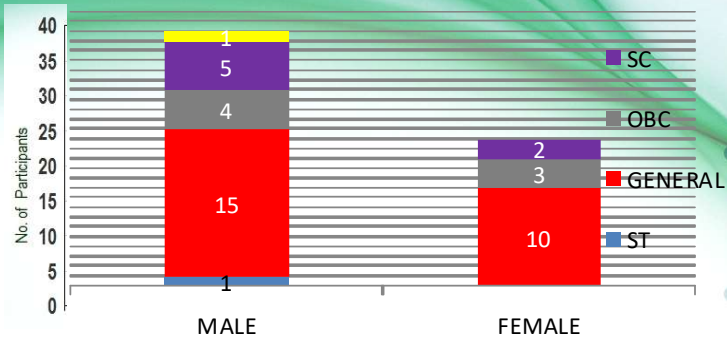
SUBJECT WISE REPRESENTATION



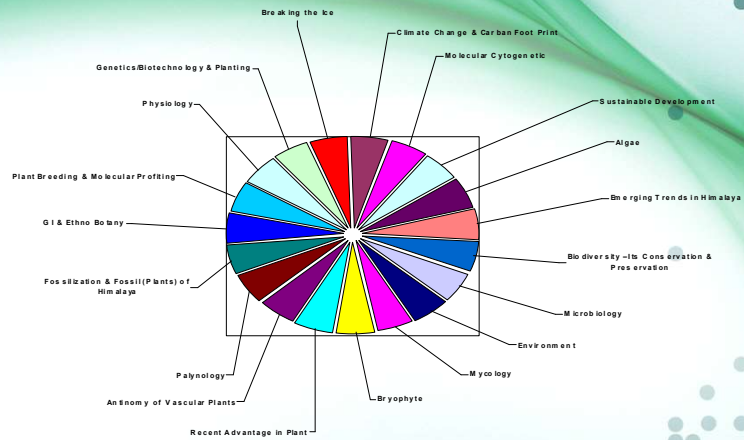
CATEGORY WISE REPRESENTATION



SUB-CATEGORY WISE REPRESENTATION



CURRICULAM ASPECTS



Evaluation of Participants

**UGC-HUMAN RESOURCE DEVELOPMENT CENTRE KUMAUN UNIVERSITY, NAINITAL
RC in Ethics, Spirituality and Yog (10 March – 30 March 2018)**

S.I. No.	Name of the Participant	Overall response 25 marks	Research Project Proposal 20 marks	Power Point Presentation 15 Marks	Micro Teaching 10 marks	GD 10 marks	GPA/ Writing 20 marks	Total Maximum Marks 100
1.	Asha Ram	24	16.0	10	7.3	7.5	15.0	79.8
2.	Ashish Kumar Srivastava	24	18.0	11	7.2	8.5	15.0	83.7
3.	Bhuwan	24	16.0	10	7.7	8.0	15.0	80.7
4.	Brij Mohan Paragi	24	16.0	10	7.0	8.0	15.0	80.0
5.	Chandra Prabha Gangwar	24	17.0	11	7.8	6.5	16.0	82.3
6.	Chincholkar Bandopani B.	24	16.0	10	7.7	7.5	15.0	80.2
7.	Deepa Pande	24	16.0	10	7.3	7.5	15.0	79.8
8.	Deepika Goswami	24	16.0	10	7.4	8.0	16.0	81.4
9.	Dharam Prakash Yadav	24	16.0	10	7.7	8.5	16.0	82.2
10.	Gokul Singh Satyal	24	16.0	10	7.4	6.0	16.0	79.4
11.	Jai Prakash Verma	24	17.0	11	8.0	7.0	16.0	83.0
12.	Kadam Suresh Vyanjatrao	24	16.0	10	7.6	7.0	16.0	80.6
13.	Kailas Ruprao Pawar	24	16.0	10	7.8	7.0	16.0	80.8
14.	Kiran Karnatak	24	17.0	11	8.0	8.5	16.0	84.5
15.	Leena Vaidya	24	16.0	10	7.8	7.5	16.0	81.3
16.	Mamta Rajpoot	24	17.0	11	7.4	8.0	16.0	83.4
17.	Mayank Mohan	24	18.0	11	8.0	A	16.0	77.0
18.	Megha Pal	24	18.0	11	7.8	7.5	15.0	83.3
19.	Mohd Suhel Javed	24	18.0	12	7.3	6.5	15.0	82.8
20.	Neelima Tulashiram Mhaske	24	18.0	12	7.6	6.5	15.0	83.1
	Nita Vakru Patil	24	17.0	12.0	8.0	7.0	15.0	83.0
21.	Nitin Vasantrya Ashtekar	24	16.0	11.0	7.0	7.5	15.0	80.5
22.	Pankaj Kumar Upreti	24	16.0	10.0	7.0	7.0	15.0	79.0
23.	Prerna Azad	24	17.0	11.0	7.5	7.0	15.0	81.5
24.	Priya Narendra Kurkure	24	17.0	11.0	7.4	7.5	15.0	81.9
25.	Raghunath Ramchandra Chavan	24	16.0	10.0	6.8	7.0	15.0	78.8

26.	Rakesh Kumar Joshi	24	18.0	12.0	7.5	7.0	15.0	83.5
27.	Ram Dulare	24	16.0	12.0	7.1	7.5	15.0	81.6
28.	Ramesh Sharma	24	16.0	11.0	7.4	7.0	15.0	80.4
29.	Rekha Joshi	24	17.0	11.0	7.7	8.0	15.0	82.7
30.	Renu Jalal	24	17.0	11.0	7.6	7.5	16.0	83.1
31.	Sachin Shivaji Ghoble	24	16.0	11.0	7.7	7.0	16.0	81.7
32.	Sagar Sheshrao Gawai	24	16.0	10.0	7.6	7.0	16.0	80.6
33.	Sanjay Kumar Suman	24	18.0	12.0	7.8	7.5	16.0	85.3
34.	Sheetal Kanojia	24	18.0	12.0	7.9	7.0	16.0	84.9
35.	Shyam S Phartyal	24	18.0	12.0	7.6	7.0	16.0	84.6
36.	Suchetan Kumar	24	18.0	12.0	7.8	7.5	16.0	85.3
37.	Surendra Singh Mahendrasigh G.	24	18.0	12.0	8.1	8.0	16.0	86.1
38.	Swati Pandit Patil	24	17.0	11.0	7.9	7.0	16.0	82.9
39.	Tara Bhatt	24	18.0	12.0	7.8	8.0	16.0	85.8
40.	Vijay Kumar Balmaki	24	17.0	10.0	7.9	7.5	16.0	82.4

Director

Course-Co-ordinator

Resource Person/Expert

Evaluation of Resource Persons

R C in Ethics Spirituality & Yoga (10th - 30th March, 2018)

Sr. No.	Name of Resource Person	Grading (Excellent + Good in %)
1.	Prof. N.S. Rana	94
2.	Prof. R.C. Mishra	94
3.	Prof. Anuradha Shukla	90
4.	Prof. D.C. Pandey	90
5.	Dr. Vijay Krishna	90
6.	Prof. J.K. Joshi	90
7.	Dr. L.M. Joshi	90
8.	Dr. R.K. Gupta	90
9.	Dr. Anjana Joshi	90
10.	Dr. Swati Negi	89
11.	Mr. Pramod Goswami	89
12.	Dr. Hardeep Singh	89
13.	Prof. A.K. Joshi	89
14.	Dr. Virendra Joshi	89
15.	Dr. Piyush Kant	89
16.	Prof. Rajveer Sharma	85